

ALPINE SUN

Our 19th Year

Vol. 19 No. 5 Alpine Sun, 92001 Friday, Jan. 30, 1970 445-2415 10¢

MRS. CARLSTROM'S 90TH BIRTHDAY

Sunday was a lively one in the home of Mrs. Kate Carlstrom on N. Marshall Rd. for she celebrated her 90th birthday with a daughter and two sons at dinner.

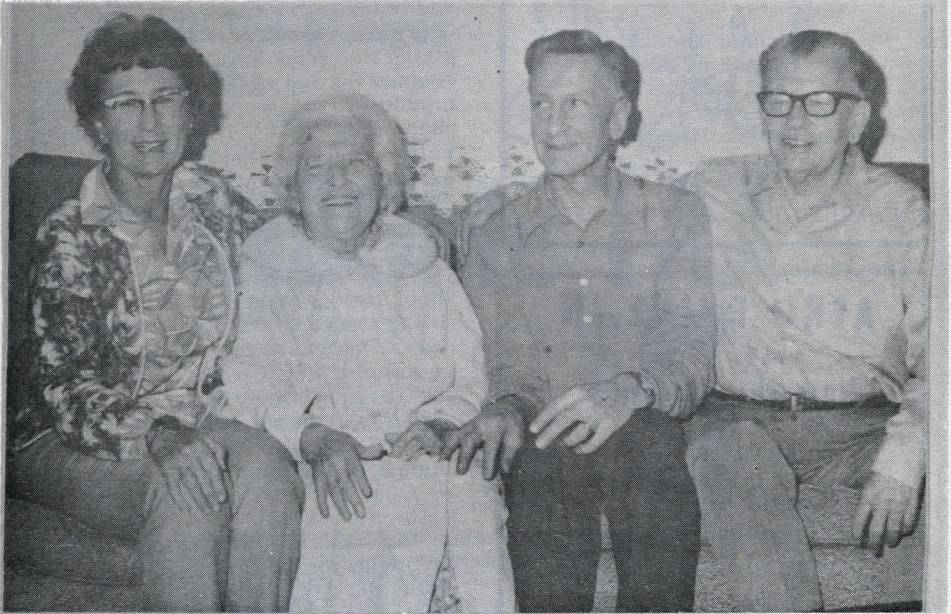
They are, from left: Mrs. Lucile Greenman, of Desert Hot Springs; Mrs. Carlstrom, the Rev. Paul Carlstrom of Seattle, and Charles Carlstrom of SD. Not shown, Mrs. Pauline Fugia who lives with Mrs. Carlstrom.

Mrs. Carlstrom has lived here many

SANITATION HEARING FEB. 10

In a note to the Sun, Dennis A. O'Leary, executive officer of the water control board in SD, the hearing on issuance of a cease and desist order against Alpine Sanitation District, has been rescheduled to Feb. 10, at 9:30 a. m. in Room B-109, State Bldg., 1350 Front St.

He adds "Recent events make me optimistic about approval of the next bond issue proposal for correcting the district's serious problem".



years, built Alpine Cottages, and invested in other properties here. For one being sightless, which she became a few years ago, she shows great fortitude, keeps abreast of happenings and carries on her Christian work, is genuinely happy and pleasant to everyone that comes to visit her.

Alpine needs a bakery.

GANN TO CHAMBER BOARD

J.L. Gann, administrator of Alpine Convalescent Center has just been appointed to serve till September on the board of directors of the chamber of commerce, reports Pres. Dr. Robert Burak. He replaces Bob Ostrander, resigned director who was vice-president. Director Henry McKie, realtor, replaced Bob who went to Denver.

SDG&E now operating four vehicles of their big fleet on LNG, will convert 20 more to use the smogless fuel, setting up station to serve them, according to Pres. Jos. F. Sinnott.

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3-DAY GRAND OPENING FOR SHELL

Today through Sunday will see a real grand opening celebration for the handsome new Alpine Shell Service and Gift Shop with affable Ron Niccum, dealer, as host with the Shell firm.

The new plant, first of its kind on the coast, and first to serve hot sandwiches, coffee and beverages, with inside restrooms and other innovations, is on the Lutz property at Tavern Road turnoff and Interstate 8.

"We are now open 24 hours daily and we give S&H stamps", says Niccum, who has a competent staff. They now have free pickup & delivery in the Alpine area and take care of complete automotive service including brakes, lube, tuneup and so on.

One unique feature is the handcrafted gifts and souvenirs, another Shell innovation. Outside they have a new CID Propane gas service, even weed killer, and of course white gas and kerosene.

During the celebration they are giving free steak knives to users of coupons mailed in the area, and free tumblers to all gas purchasers. The phone is 445-4242, listed in the Sun's Yellow Pages, on the back of which is the station's ad.

BEAUTY SHOP FILLS NEED

The recently opened Marcel Beauty Shop, 532 E. Main St., El Cajon, "is filling a need in the area" says its owner Marcel, as most salons are booked solid for weeks with regular customers. He is offering a 1/2 price special until Feb. 15th on all beauty services, and invites you to come in and take advantage of this tremendous saving in all areas of beauty, including wig styling.

The salon is open Thursday and Friday nights for those who cannot get in during the day.

Alpine needs a bowlero.

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BIG OPTIMIST PARTY TONIGHT

Alpine couples from the Optimist Club are having their husband-wife dinner-dance this evening at the famous old Wagon Wheel in Santee, says Pres. Hank Nicholson. Guests are welcome.

One of the tastiest and nutritious salad dressings can be made from a macerated avocado, cottage cheese, olive oil, lemon juice and honey.

NEW MANAGER AT ALPINE VILLA

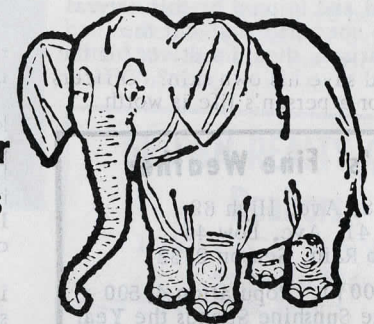
Mrs. Ruby Leis of Alpine, has just taken over the duties of manager at Alpine Villa reports the owner Jack Katz. Mrs. Glenda Golvan, who formerly held the position, needed larger quarters, so made the change.

Some self-styled experts remind us of the bottom half of a double boiler.

They let off a lot of steam but don't know what's cooking.

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NO APPOINTMENT NECESSARY

EDITORIAL

NEAR FATAL CRASH SHOWS GROWING DOG MENACE.

Last Thursday a woman swerved to avoid hitting a pack of loose dogs on Tavern Road shortly after 5 a.m. The story is elsewhere with a photo of the attractive woman who for a time doctors said could not live.

Being an animal lover, living on a ranch near Jamul, and not having been educated to control such reflexes, she naturally swerved to avoid hitting any of the strays.

Traffic records show that many have been killed and injured by this natural impulse to not harm any. But the questions arises, should a driver hit the animal and save his own skin? Officers say yes, for a person's life is worth

more than that of a cat or dog.

Perhaps driver education should include this instruction so that one would grit his teeth and go straight ahead, but it does take nerve and education to do that.

In Honolulu I was driving with a doctor for whom I made movies and wrote publicity, when a dog ran in front. Naturally I started to swerve, but he grabbed the wheel and held it. Luckily we did not hit the animal, but he said firmly, "Boy, don't you ever do that again, train your reflexes to go straight ahead, a human life is worth more than a dog's life".

The case of this woman nearly being killed, losing her car, facing a huge doctor-hospital bill, and having to finish her life with extra care due to having lost one kidney-- maybe her life will be shortened-- and the shock of the accident, should make us think.

And to look at the legal angle, there is a county ordinance that says pets should be on leash or penned at all times due to the rabies menace. Ranchers hereabouts have shot quite a number of dogs that killed or chased stock. The law allows one to do that. If you love your pets, keep them in, for they are going gunning for such. - CI

PLAN MONDAY GOP SPEAKER

John Clayton of SD will talk on "Muzzling the Press" before a session of the Mt. Empire CRA, in the school auditorium at 8 p.m. Monday, Feb. 2, advises Chairman Louis Landt. New officers will be installed. The public is invited.



Alpine's Fine Weather

High 78, Ave. High 69
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No Rain, Season 2.82

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ALPINE SUN

America's Tiniest Newspaper
445-2415 or 445-2394
2255 Tavern Road, Rt. 1, Box 189
Alpine, (SD Co. Ca. 92001
Published Weekly on Friday
10¢ per copy, by mail \$3. a year
Clarke Irvine, Editor & Publisher
Alice Irvine, Art & Composition
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SHERIFF CANDIDATE HERE

At last Saturday's Kiwanis 7 a.m. breakfast there appeared the highly experienced in crime, Paul Hayes, who

is running this June in the primary for sheriff of SD County. Joe O'Conner, retiring, is not to be a candidate.

Hayes has had 27 years experience in police work, following his father, who served in the SD Police Dept. from 1914 to 1931.

JOBS FOR VETS IN SD

The Veterans' Administration office in LA plans on having a job fair in SD on Jan. 29 from 9 to 3 at the Vet Memorial Bldg. Park Blvd. where veterans of Vietnam may apply for work. Employers are invited to have a desk there if they need help. They had a successful one last month in LA with 556 vets being interviewed, 250 direct hires being made.

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ALPINE YOUTH SCORES HIGH

Glen Aubrey Jungnitsch, 17, of Peutz Valley Rd., scored top out of eight schools in the district at Encanto Monday night of last week, being first in the Voice of Democracy. He was aired on KSON. He is a senior at Grossmont HS. The tape was played in Riverside on Wednesday. Thus he has a chance to go to Sacramento to compete, and on to Washington, D.C.

THANKS, FOLKS, THANKS

John A. Swanson, 2930 Olive View Road, sent in a \$3 check for the Sun for 1970 with this remark on the bill: "We really enjoy your little paper". We like putting it out, too!

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ARTISTS OF THE ARTIST'S

By Mary Ann Williams

The Alpine Area Art Assn. will meet Wed. Feb. 4th at 7:30 p.m. in the Alpine Art Chalet, 1321 W. Victoria Dr. Members are urged to bring a painting for selection as Blue Ribbon Painting of the month. Paintings are also needed for hanging at Security Bank, Alpine Village Apts, and the Log Cabin Cafe. Artist-of-the-month for March will be chosen, come and nominate your choice.

Patricia Gordon has left the area so Saturday morning classes have been discontinued. Glo Newton's stitchery class is now on Fridays 10 to 11:45. She will be on hand to show some samples.

Welcome to new members Helen Partridge and George Lengbridge. Hostesses are Katherine Chene, Marjorie Clary and Leata Judd.

KNOW OF ANY NEW STREETS?

The Sun's original map of Alpine will soon be revised and republished. So if you know of any new roads, lanes or changes of names, please notify the Sun at 445-2415, or write. It shows all streets and the freeway.

This valuable map is ordered by the chamber of commerce and most of the realtors for mailing or giving to prospects and interested folks. The new chamber leaflet, to be out soon in color, will be sent with a map, also the Sun's annual weather records.

The map sells for 10¢, or 25¢ by mail. Quantity prices for realtors and others on request.

Prof: "Punctuate this sentence: Miss Jones, the beautiful young lady, walked down the street."

Student: "I'd make a dash after Miss Jones."

ALPINE

Rexall Pharmacy

Start Your Valentine Gift Thinking
Now. Lots of Goodies on Hand.

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WEIGHT WATCHERS

IS HERE AT LAST

WHAT IS THE WEIGHT WATCHERS PROGRAM?

The Weight Watchers program, consisting of a carefully-planned eating program and regular attendance at weekly classes, is designed to enable the overweight person to reach a realistic weight goal and maintain that weight loss.

WHAT DO YOU EAT AS A MEMBER OF WEIGHT WATCHERS?

The principal purpose of the Weight Watchers program is to teach members to eat sensibly, and to lose weight without starving. Each member is given a prescribed eating program when he joins, a program that will help him lose weight, look better and feel better. Members eat three satisfying, well-balanced, nutritional meals a day, plus in-between meal snacks, and in many cases, eat more as Weight Watchers than they did before they joined! The difference is that they are learning proper eating habits.

WHAT HAPPENS AT A WEIGHT WATCHERS CLASS?

At a typical class, members are weighed-in privately. Members' weights are never divulged. The members then hear a lecture by a carefully trained, highly qualified Weight Watchers' lecturer -- a successful graduate of the program.

She then asks for comments from members on their own progress. This "group approach" is especially suc-

cessful, in that it gives over-weight people the opportunity to freely discuss their experiences and to draw encouragement from one another. The class atmosphere is one of camaraderie, cordiality and great empathy, which encourage interchange and exchange by the members.

WHAT DOES IT COST?

The fee for the first class is \$5.00 which includes registration. The classes are \$2.00 a week thereafter.

There is no obligation or contract to continue.

NEW CLASS
NOW OPENING

ALPINE WOMAN'S
CLUB

THURSDAY


Feb. 5

7:30 P. M.

WEIGHT WATCHERS

Some talking, some listening, and
a program that works.

Call 286-0120 For Free Brochure

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HORSE TALK

By The Double C's

Well, we are all set to go next Friday night to the Yuma Rodeo. Dusty Denniston is trailering our horses over and hopes to stay for the parade and maybe the rodeo. We are thrilled about going and can hardly wait. Debbie Bruton is going with us so we should have a real good time.

Talked to Beverly Denny Monday and she is thrilled with her new filly. She had a beautiful 2-year old, has lightning bar on both sides, is green broke and she only wants \$600 for this winner. Her Arabian mare is expecting next month and as she is going to school and

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working part time, just doesn't have the time she would like to devote to her animals, so is selling a few. Call 445-4892 if interested.

Doris Scully had her little 2-year old stud cut Friday night and he is doing just fine, in fact, he hardly made any fuss at all which is quite unusual.

Tomorrow Tumbleweed Riding Club is having their first horse show of 1970 with Leo Reed judging. They have both equitation and gymkhana to please all entering, but is open to junior riders only. However on Feb. 8 there is another show sponsored by the Gateway Service Club and isn't a point show so any and all can go and have fun. Quite a few Alpiners have trailers and take in these shows so we wish them luck.

Maureen McAllister of La Mesa called me Sunday to see if we could help her locate the buyer of her Appaloosa mare. She needed to have the horse checked by a vet to recover her stud service. We said we would put it in our column but Monday her mother called, said they were driving down South Grade Road and ran into the man who had purchased her mare. It was one chance in a lifetime that she would run into him but she did and Dr. Immenschuh came up Tuesday to give the horse a check so she could get back her money.

Had quite a few interested in my sorrel filly this past week after I had put it in our column that we wished to sell her. Call me at 445-2394 if interested. Will take \$150 for her. She is going to be a sweet-natured mare with lots of get-up-and-go. Probably make an excellent gymkhana horse if someone wanted to take the time to train her. I just don't have the leisure anymore, in fact, it is hard to even find time to ride Angel. Our activities have increased since we have an agent and with school, our part time work and singing, we are just too tied up at this time to devote much time to horses.

Bob Wilson's



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TALK ON COMMUNITY PLANNING

At the last chamber of commerce session Poway's Larry Quate spoke on communities' planning and how the

ecology affected the community and people. He sounded a warning on the present trend to let all go toward mass production.

The landlady brought in a plateful of extremely thin slices of bread. "Did you cut these, Mrs. Brown?" asked a boarder.

"Yes, I cut them," came the stern reply. "All right," said the boarder, "I'll deal."

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STOP USE OF 35 PESTICIDES

The state public works office has prohibited further use of 35 chemical pesticides, as ordered by J. A. Moe, director. The list spans over 50 years of such development for DDT and other modern chemicals, along with paris green, a copper arsenite once popular in the 1920's.

Note - If you have not read Rachel Carson's frightening book "Silent Spring" you will enlighten yourself in getting it. It really sparked today's wave of anti-pollution campaigns.

Ed Torgersen, owner of Stallion Oaks Guest Ranch, Descanso, is getting ready for their big annual Valentine dinner-dance, Saturday Feb. 14. He says "We'll select a queen for the evening and she'll get prizes and the adulation of the usual big crowd".

Alpine could well use a woodman as readers call the Sun often to know where to buy firewood here.

McGUFFIE'S SUNDRIES

Medical Preparations - Vitamins

Fountain Lunch

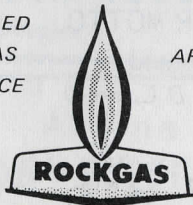
Greeting Cards - Cosmetics

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'WEIGHT WATCHERS' HERE

Because of the success "Weight Watchers" has had in the county, this internationally organized group is starting a class Thursday nights at 7:30 in the Woman's Club with the initial meeting Feb. 5.

Jeane Bolton will be the lecturer. A charge of \$5. includes registration fee of \$3. and dues for that week.

Many from here are already enrolled in town, will be glad to know that they will not have to drive into EC and SD for the weekly meetings.

Testimonials from many overweight, prove that "Weight Watchers" is the only thing that has been of lasting help.

Mrs. Bolton invites all to come Thursday, Feb. 5, meet her, get acquainted and if interested "start on this fantastic program."

WHOLESALE ADOPTS ALPINE

The store at 2357 Alpine Blvd., formerly Alpine TV, has been rented by John Swanson, who moved here last July to 2930 Olive View Rd., with his wife and five children.

He is distributor for Stella d'oro cookies, nationally famous, covers the Southland. The space is used as a warehouse. The Egg Hut 2357 Alpine Blvd., handles the line. He also has Christy's Karmel Korn. For 10 years he was a distributor for Oroweat bread line out of Bellflower. The family came here from Brea, like Alpine very much.

SWEETHART TIME AT REXALL

Jerry Funk, a regular advertiser in the Sun with his Alpine Rexall Pharmacy is giving huddies "plenty of time to think about your Valentine gifts and we have lots of goodies", as he says.

At any rate that annual day for lovers, Feb. 14 is not so far off, only two weeks from tomorrow, so think of her!

Teacher: "Now, Edgar, which month has twenty-eight days?"

Student: "They all have."

EASIER SEAT FOR BUSSERS

The new little shelter at the bus station in front of the Woman's Club will no more make it hard for sitters awaiting school buses and other transports, for here John Bilsky is tacking some nice green padding on the seat and backrest.

The tiny station was built by donated labor and civic-minded citizens, of which Alpine has many.

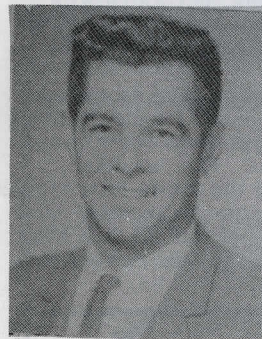


CLUB HEARS YOGA STUDENT

Guest speaker for the January meeting of the Woman's Club was Mrs. Frances Burnett, a student of Hatha Yoga - relaxation through proper breathing and body exercise. Mrs. Burnett is a teacher of Yoga exercises and gave

some demonstrations. She is also an advanced amateur actress, acts in some playhouse productions.

The most popular labor-saving device for women is still a husband with money.



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JUREY BURIED SATURDAY

Graveside services were Saturday in EC Cemetery for George H. Jurey, 70, who died Thursday of last week after living for five years in Irvine's Trailer Estates. Elmer Vierkant of Paris Mortuary was in charge. (See last issue).

Evelyn's BEAUTY SHOP

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Owner-Manager

2351 Alpine Blvd. Alpine



Here is an artistic reminder of one who lived here, boosted the community, now lives in Washington, Nikki Menconi. She gave this statue, decorated with fruit, to Editor Irvine on his 76th birthday last year. It is on the TV in the Irvine home.

Nikki is the woman who promoted the Miss Alpine contest for the chamber of commerce, was always doing something for someone. The beautiful trophy she left for the future Miss Alpines, is a permanent fixture in Security Bank here. Kathy Higgins was the first Miss Alpine, Cecile Irvine, the current one.

EL CAJON



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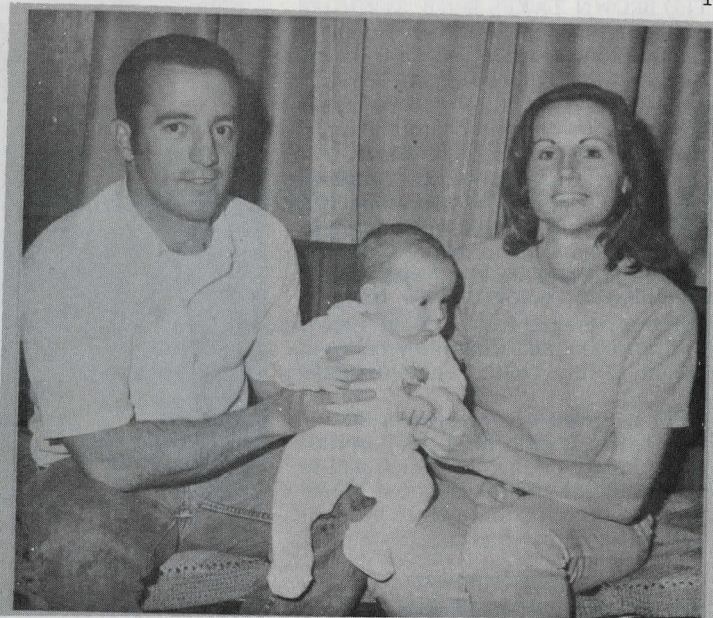
444-2141

423 E. Main El Cajon

BENSON BABY IS A CUTIE

On Nov. 13 Doug & Peggy Benson were blessed with a fine new addition to their little family, Daniel Alfred, a lively little rascal who simply refused to say "cheese", and pose for the lensman.

The couple operate Alpine Meat Co., 2358 Tavern Road, and are very fond of Alpine. Benson gets a helping hand frequently from his father "Benny" Benson who retired recently from the EC police force, but carries on as assistant manager at EC Theatre.



Last year some smart thief unhung from the entrance gate, the attractive medallion of Stallion Oaks Guest Ranch, Descanso. So now Ed Torgersen, owner, is having another carved. "We'll have a 'hanging party', with free champagne under the gate when we hang it sometime in March", he says.

Teacher: "Who defeated the Philistines?"

Student: "Sorry, teach, I don't follow the minor leagues."

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TED BROWN TAKES BRIDE TONIGHT

Mr. & Mrs. Wilson York are announcing the marriage of their daughter, Sharon Lee, to Theodore M. Brown, jr., son of Mrs. Temo Brown of EC, formerly of Alpine, when her late husband, Ted M. Brown was in real estate.

The wedding will be in Community Church at 7 p. m., with Dr. Roger Larson officiating. Ted is well known in Alpine as he went to school here when a mere lad. His picture, with other youngsters including the Jim Rorie children, graced Page 1 of the first issue of the Alpine Sun when they broke the ground for the Youth Center in January of 1952.

M s. Brown will be present on crutches as she is just out of the hospital from surgery on one hip which had to have a metal cup to replace a joint that had deteriorated. While here she was active in civic affairs.

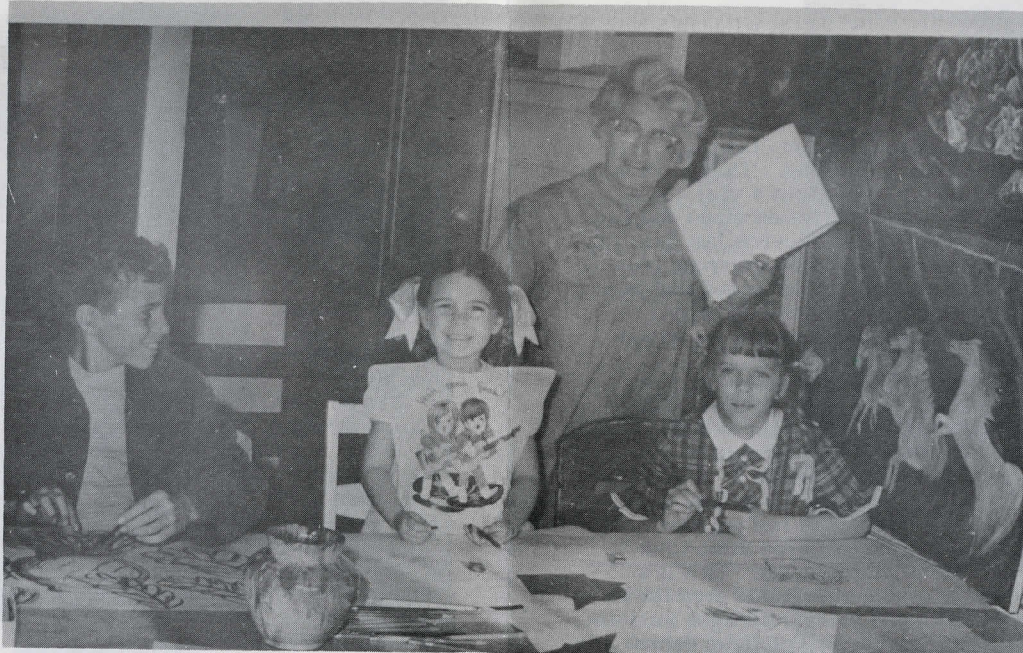
Try a Classified to sell your unwanted items. Only 30¢ a line, min. 75¢.

ALPINE'S
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Groceries - Sundries
Beer - Wine - Beverages

4008 Willows Rd.
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Stan Chambers, Owner

445-3139



ART GROWING FAST HERE

Those artists who formed the association are really getting their vehicle off the ground for now they are having Saturday introduction to art classes for the small fry.

Here Mrs. Simone Titus, who, with husband John, owns and conducts the cozy Alpine Art Chalet, 1321 W. Victoria, teaches a small class in charcoal sketching. Some days they have more than the three enthused young people here.

From left: Michael Geyer, 11; Lisa MacClellan, 4, and Cindy Miller, 10, a newcomer to the Highlands from

Denver. The chalet is a splendid place for youngsters to be on a Saturday morning under the tutelage of Simone, who stands with drawing paper behind the happy trio.

If you like the beautiful, visit the chalet and see the display of local artists, and that of Mrs. Nettie Woods, of SD, which will be closed Sunday.

Two camels were side by side in a caravan crossing the desert. One of them looked at the other and said "I don't care what anybody says, I'm thirsty."

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BROWNIES REORGANIZE

Because of the large interest shown by tiny girls, Alpine's Brownie Troop #744 has reorganized and already has had two meetings.

Madelin McGregor leads the pack with Sharon Beale as assistant. The group meets Fridays at 2:45 in the Youth Center. At the second meeting over 20 eager scouts and their mothers registered.

The committee consists of Betty Brookes, Carolyn Craig, Jane Maples, Jane Marshall, Cherry Mills, Bobbie Novell and Muriel Papin who will help plan activities, trips and refreshments for the new troop.

Mrs. McGregor asks that "anyone having used Brownie uniforms or equipment, please call 445-4595 or Betty Brookes, 445-3072, as there is a great need for them.

When poaching eggs, add a few drops of vinegar to the water to retain their shape.



Mon. - Sat.

9-5

Alpine Beauty Salon
Hi Fashion Hair Styling

WIGS CLEANED
AND STYLED

FOR APPOINTMENT, 445 4031
2142 Hwy 80 Alpine

Your Complete Fashion Specialty Shops

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Charge Accounts

BankAmericard
Famous Brands

Evelyn
WIGTON'S
smart apparel

El Cajon

College Grove

Pacific Beach

NEW YELLOW PAGES DIRECTORY

In the middle of today's Sun you will find the latest business directory of Alpine, with frequently called and emergency numbers, which the paper has issued every few months since 1961.

Open the staple, remove the list, press the staple down, and put the list in your phone book on the wall, or wherever. It comes in mighty handy.

There is no charge as this is a public service. Every business is shown, whether it advertises in the Sun or not. And, the two advertisers on the back help to pay for this sheet: Neda Hill Realty and Alpine Shell Service. The Sun appreciates their help; so should you!

A teacher, unfastening with difficulty the overshoes of one of her little pupils, asked, "Did your mother hook these for you?"

"No," the child said, "she bought them."

McKie Realty

Elsie Hoffman, Associate
P.O. Box 398, Alpine
2355 Alpine Blvd. 445-2217

LISTINGS WANTED

"Before You Sell or Buy See McKie"

Have Immediate
BUYERS

For

ACREAGE

And Other Property

C & C REALTY

442-9783

D. G. "Don" Haase

First Church of Christ, Scientist

9573 Los Coches Rd. In Lakeside

Sunday Services 11 A.M.
Sunday School 9:30 A.M.
Wednesday Meeting 8 P.M.

Care for small
Children during
Sunday Services

BAPTIST CHURCH OF WILLOWS NEWS

By Clara Brabazon

We would like to extend an invitation to the entire community to come out Sun. evening Feb. 1st to hear 4 college youth present "Let the Whole World Know" in song. They have been singing together about a year and accompany themselves on piano and banjo. They gave a preview last Sun. eve. and it was enjoyed by everyone present. These College youths do not sing professionally but just to sing praises to Christ. Refreshments will be served following the program.

There will be a "Pastor-layman Roundup" Feb. 6 & 7 at University of Redlands. Rev. Schacht will be driving up and men are encouraged to join him.

Make Plans to attend a "Music Convention" Sun. Feb. 15 at 2:30 to 4:30 at the church. The last one was held at the Harbison Canyon Bible Church and was a great success. This is a joining of churches in the area for an old fashioned "Sing"; all ages welcome.

The San Diego American Baptist Assn. meeting will be held Feb. 16 at Fairmont Baptist Church. Speaker will be Chester Scott- a Congo Contractor.

We rejoice with the Thomas family in the successful operation of their daughter Esther and join in prayers for a speedy recovery.

ALPINE HOME FROM NAVY SERVICE

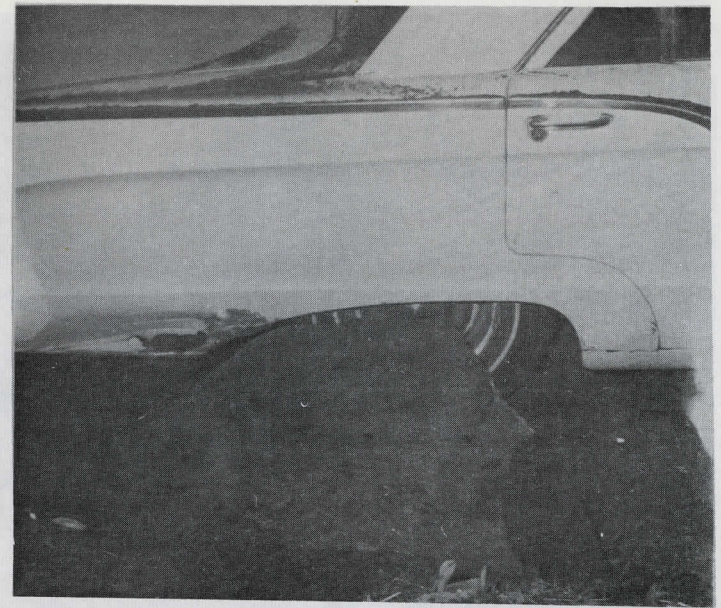
Rodney Clark, 23, BM3, is home with his parents, Gordon and Irma Wick, of Tavern Rd. They bought the former Ireys place after he died. Rodney is a carpenter and photographer, plans on staying home now and getting some more knowledge through the GI Bill. He was in SE Asia and the Orient.

Teacher: "Can you give me an example of wasted energy?"

Student: "Yes, ma'am, telling a hair-raising story to a bald-headed man."

This is huge boulder which her car hit on Tavern Road last Thursday when she had to swerve suddenly to avoid hitting pack of roaming dogs.

Car was totalled and had to be towed by Harold Lutz to garage.

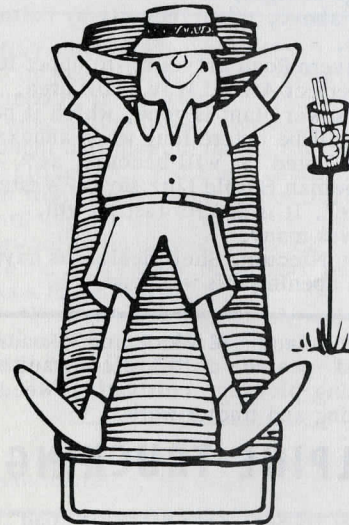


Patient- "Doctor, is it true that sleeping out of doors will cure insomnia?"

Doctor- "Yes, quite true. And strangely, sleeping indoors will do the same thing.

Judge: "Your wife charges that you haven't spoken to her in five years. Why is that?"

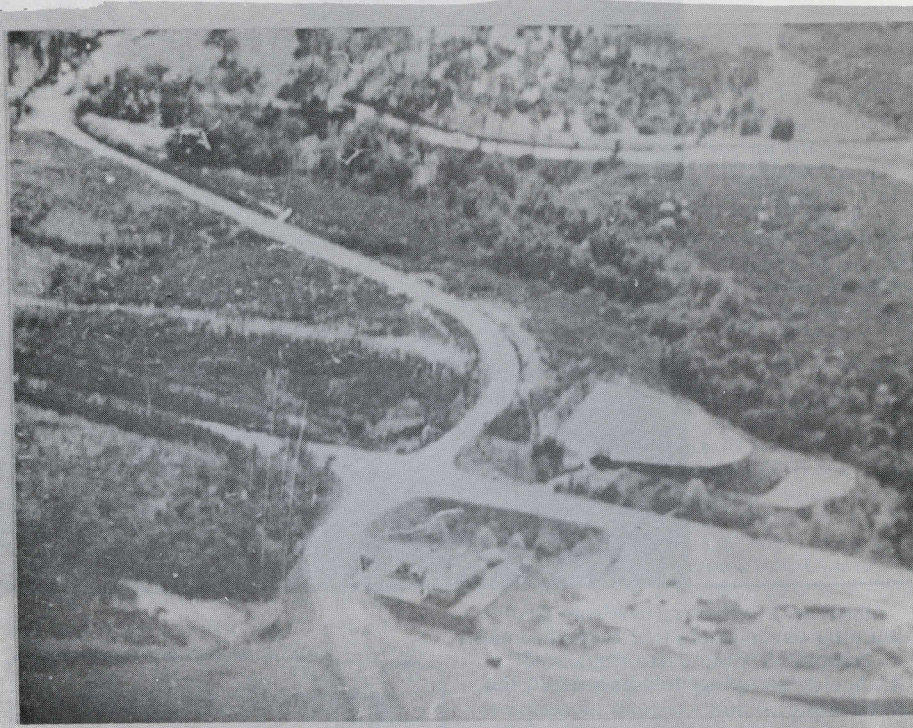
Man: "I didn't think I ought to interrupt."



ESCAPE

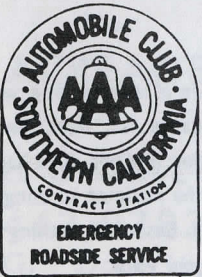
the burden of letter writing, with a Long Distance call. More fun and much faster. And you don't have to wait for the mailman to bring you an answer. Best of all, nothing says you like your voice.

 **Pacific Telephone**
PART OF THE NATION WIDE BELL SYSTEM



Alpine needs a fixit shop.

Lutz's Garage
Complete Automotive Service
AUTHORIZED
BRAKE STATION



24-HOUR TOWING
445-2967
Harold Lutz 1620 Hwy 80
P.O. Box 341 Alpine

Looking SE almost over new Alpine Shell Station, lower center, at Tavern Road Offramp and Alpine Blvd. -- Lutz Garage at right, sewer plant with two ponds above, taken recently by Editor Irvine.

Tavern Road curves off to upper left to Intersect Arnold Way. This area, when sewer plant is gone, which it perhaps will be before long when annexation is voted in, will become, as Garageman Harold Lutz says, "Western Alpine". It is due for fast growth, believes many.

Ron Niccum, Shell dealer, is having grand opening this weekend.

Rock - Sand - Blacktopping - Roads oiled - sealed - decomposed granite discing - plowing - cultivating - weed cutting and tractor work,

ALPINE TRUCKING

"Let Us Seal Your Blacktop Road"

5738 WILLOWS ROAD
ALPINE, CALIF. 92001

445-2188

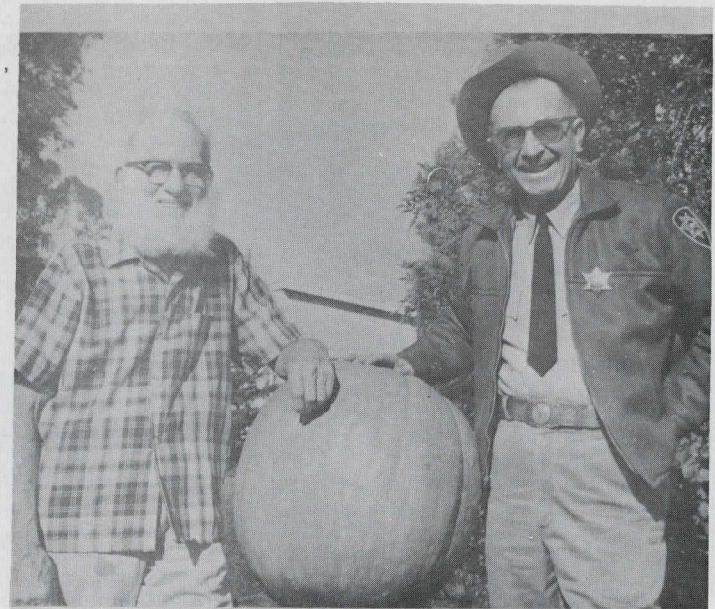
445-2416

HUGE PUMPKIN FOR THE PRESS

Jolly Guy Ryan, humane officer from the Crest where he ranches and organically grows mammoth specimens of vegetables and fruits, brought this gargantuan pumpkin over to the Sun office to present to the editor. Guy is a real green thumber, loves the outdoors and animals, is a great horseman.

"This is one of the medium sized ones" he said, "it weighed 70 pounds a month ago, but they dry out a little!"

The huge fruit was cut, the seeds put out to dry-- they are rich in protein, minerals, vitamins-- for future nibbling. Neighbors received big slices. This is a good salad fruit when shredded, eaten raw, of course!



THEY LIKE ALPINE, TOO!

In a cordial note, Mrs. Maurine Simpson, of SD writes: "Please enter a subscription for us. We recently bought half an acre on the SW corner of Eltinge Dr. and South Grade Rd., but won't be building for several years until my husband retires. We look forward to the day when we call Alpine 'home'. We drive up at least once a week to get oriented."

"Your paper is interesting and makes us feel a part of the community already". (Isn't that nice? Welcome to Alpine!)

Classified ads in the sun will sell just about anything, try one!

Farmers Insurance Group

LOW RATES FOR ALL YOUR INSURANCE

329 E. Main St., El Cajon Al Agostini 444-2101

Commercial - Residential - Mobile

AIR CONDITIONING

Rosko Refrigeration

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445-3836

9926 Hawley Rd.

El Cajon

Log Cabin Cafe

Adjoining The Lounge

SERVING OUR FAMOUS
BROASTED CHICKEN
STEAKS & SEA FOODS

Daily 9 am to 11 pm

Ann & Murray Muncill

445-2243

2705 Alpine Blvd.

DOUBLE TALK

By Cecile & Celeste Irvine

Great news from Cathy Kuphaldt. Her husband got back from Vietnam Friday and they are so happy he returned safely. Was the first time he got to see his 5-months old infant son Tony, so they had quite a celebration. They are moving to El Cajon to be closer to Grossmont College where Paul is enrolling for the spring semester.

Anyone lose a female basset hound that has had pups recently. Mrs. Buckner, 1301 Victoria Drive, took in one last week with a 69 license and collar. If this dog belongs to you, call 445-3666 and pick her up.

Katherine Jenny had an unhappy experience last week when she accidentally ran over her little dog Chica and broke her back. They immediately took her to the vet to see what could be done and she is still there so they have hopes of the break healing so she

CARRELL'S

Hay, Grain & Supplies

WE HONOR MASTER-CHARGE

445-4436

Vet Supplies • Closed Sunday
2424 Alpine Blvd. Alpine

FIRST BAPTIST CHURCH OF ALPINE

Arnold Way At Tavern Road

GRAY EVANS, PASTOR

Sunday School 9:45 am
Training Union 6:00 pm
Worship Services 11 am & 7 pm

Church Phone 445-2338

ALPINE ART CHALET

ARTS & CRAFTS

1321 W. Victoria Dr.

445-3879

can get up and about again. Luckily the spinal cord wasn't damaged and this is encouraging so they just have to wait and see.

Wonder how many Alpiners saw the flock of Canadian geese flying in formation over Alpine last Wednesday. They were high but we could hear their honking and watched till they were out of sight. They were returning from their southern migration, rather early we thought, so it might indicate a warm and early spring without too much more rain. Will wait and see.

We had a call for a lost German shepherd Elsa. If this dog is in your area, please call 445-2009 and let the owners know of her whereabouts.

Barry McCall, Danny Place and a friend were having a wonderful time at Mud Lake on their dirt bikes. We went down Sunday afternoon to do some target practicing and they were really putting the bikes through their paces. We watched for 20 minutes as they ran up from the bottom of the dry lake and jumped over the rim. It looked like loads of fun.

If you value your dogs, better keep them home and on a chain or in a fenced yard. Last Friday Mrs. Helen Smith lost a kidney because she swerved to avoid hitting a loose dog on Tavern Road, totalled her car and put her in the hospital. Hal Hundley is out to get the dogs that are running his cattle down and he has lost several young registered Angus calves, so you can't blame him. Just a warning before it is too late, keep your pets at home and they won't get into trouble.

Dr. Linus Pauling, 2-time Nobel prizewinner, told the 2nd International Conference of Social Psychiatry in London, that the world would be a better place if, among other things, people would get enough Vitamin C. He said an optimal intake could mean a 10% improvement in man's physical and mental health.



KIWANIANS' PAST PRESIDENTS

Last Saturday was a great day for Alpine Kiwanis Club which had its 2nd annual past presidents' meeting with 10 former heads of the club at the 7 a.m. breakfast in the Log Cabin Cafe.

In photo, from left, back row, past presidents; Ray Partridge, 1957; Ross Mallette, 1956; Ben Cerveny, 1964; Bud Cooker, 1968; Luther Mohr, 1969; Bob Wilson, 1962.

Front row; Jack Wilson, 1959; Carl Schweiss, 1952, oldest living past president; Carmel Manuel, 1954, and Renie Hollett, 1963.

Not present; Chas. Kern, Fred Rushing, Karl Barnes, Don Mueller, Earl Woodall, Roy Crane, deceased, John Reynolds, Paul Clay and Lee Widmer, current prexy.

"I'm having a hard time meeting expenses these days. How about you?"
"Not at all. I meet 'em at every turn."

4H HOLDS JUDGING DAY

All 4H Club members of SD County are gathering at Escondido HS tomorrow for their annual Home Economics Judging Day. Martha Schwenck, one of Alpine's leaders says "bring a pencil and a sack lunch as the session goes from 9:30 to 3."

Nutrition Center

Your Health Food Store

162 E. Main

442-7212

Mr. & Mrs. H. A. Gillies

Complete Line of Health Foods

Special Diet Foods - Vitamins

Minerals and Supplements

Open Daily Except Sunday

9 am to 5:30 pm

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Retail

W. J. "Herk" Herchenroeder
Owner

9764 Los Coches Rd.
Lakeside, Calif. 92040

MRS. CLARK HOPES TO RETURN

In a Christmas card to the Sun, Mrs. Virginia Clark, now of NY, says: "Now and then I do not receive my little paper. Please be sure it gets in the mail. My week just seems incomplete without this little paper. I like to keep up with what's going on as I plan on coming back someday. Here is check for \$3. Please renew my subscription to my favorite little paper".

Thanks, sorry if the Sun gets lost once in a while-- it goes in the mail all right.

Teacher: "Tell me the signs of the zodiac, children.

"You first, Tom." "Taurus, the Bull." "Right. Now you, Bill: "Cancer, the Crab." " Right, now it's your turn Jim." The boy looked puzzled, hesitated a moment and said "Mickey, the Mouse."

TENNESSEE TREE SERVICE

* * *

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Free Estimates - Fully Insured

444-6174**All Types of
INSURANCE**Home - Commercial - Industrial
Accident - Life - Automobile

"Serving Alpine Area Since 1875"

442-8871

PERCY H. GOODWIN Co.
490 N. Magnolia, El Cajon**ALPINE SHELL SERVICE**

GRAND OPENING TODAY THRU SUNDAY

This ad redeemable for set of steak knives!

TIRES AT COST PLUS 10% FRI. THRU SUN.

445-4242**ALPINE LUTHERAN CHURCH NEWS**

Voting members elected officers for 1970 at their annual congregational meeting January 9: Charles Smith, president; Howard Range, vice-president; Gordon Westfall, secretary; John Westfall, treasurer; Harold Rolland, financial secretary; Herb Garland, Sunday School superintendent; and Bill Graf, building fund chairman.

The Rev. Paul Heyn, pastor and his assistant Vicar Lawrence Retberg will attend the California Missionaries Conference at Pomona, on January 30. The purpose of this 1-day workshop-conference sponsored by the California Mission Board of the Wisconsin Ev. Lutheran Synod is to give mission congregation pastors an opportunity to share experiences and discuss policies for starting mission churches.

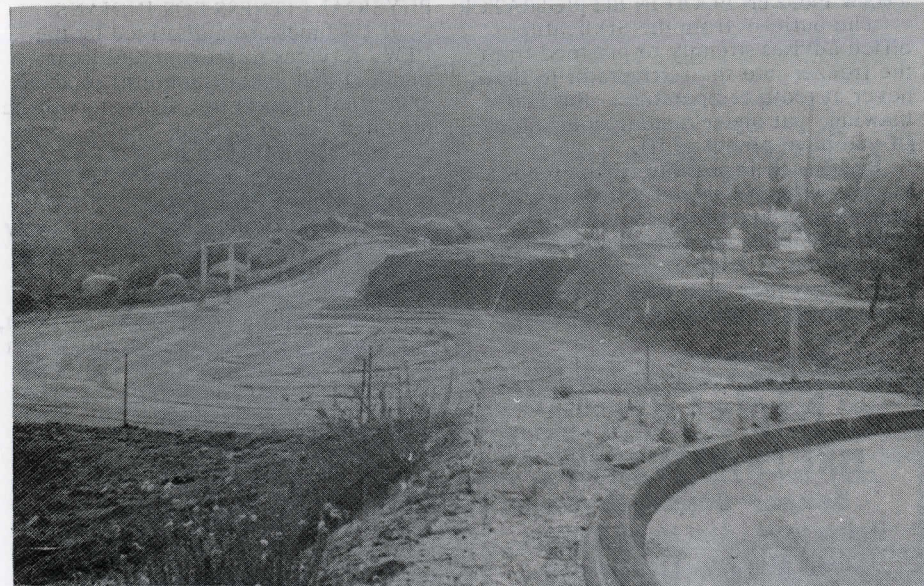
On Saturday, January 31, the California Delegate Conference will convene to discuss communion and confirmation practices in our church. Rev. Heyn will deliver the main paper, "A Historical Survey of Confirmation and First Communion Practices in the Lutheran Church." Herb Garland will attend as delegate.

Alpine Lutheran conducts regular Adult Information classes for those desiring to know more about our doctrinal position and the Word of God. A new class begins Monday, February 2, at 7:30 p. m. The subject will be "What does the Bible Say?" Individual lessons will discuss what the Bible says about God, man, sin, the Commandments, Jesus our Savior, The Holy Spirit, Baptism, prayer, confession, the Lord's Supper, and the Last Things. We invite all to attend; no obligation.

-Larry Retberg

"Say, does your wife play bridge for money?"

"Maybe she plays for it, but she never gets any."



Here is where new nursery business is about to open by Darrel Broker at the west end of Monterey Place, (formerly Tavern Rd).

This looks SW, pavement end at right, new parking lot at left, nursery beyond and the Broker home at right. The building to house the business and office is nearly completed below the dwelling. Broker received a special use permit for the business.

He is a pilot, keeps his plane at Brown Field, hopes to see an air strip here someday, then can fly out of Alpine along with a score of other fliers. Last week he was fighting the flu, but soared over the area for two hours.

Location overlooks I-8 below. One night a motorist thought this road led onto the freeway, drove right through Broker's yard, stopped with wheels on edge of steep bank!

MEET YOUR FRIENDS HERE

CLUB ALPINE

Pool Tournament Friday Nights

CHARLIE & JOHN

Pool Tables - Coldest Beer Around

2502 Alpine Blvd. 445-9531

"My topic today," said the professor, "is the Lie. How many of you have read the 25th chapter of the text?"

All raised their hands. "Good! You are the group to whom I wish to speak," he said. "There is no 25th chapter.

Alpine Meat Co.

Complete

MEAT PROCESSING

2358 Tavern Road 445-2752

FIRST BAPTIST

CHURCH

OF THE WILLOWS

Not affiliated with the N.C.C.

3520 Alpine Blvd.

REV. DOUG SCHACHT - PASTOR
466-7769

Sunday School	9:30 A.M.
Morning Worship	10:45 A.M.
Evening Service	7:30 P.M.
Wed. Eve Bible Class	7:30 P.M.
Choir Practice Wed.	8:30 P.M.

THAW FROZEN FOOD IN REFRIGERATOR

The bulletin from the SD health office advises strongly to put food from the freezer into the refrigerator to thaw, never at room temperature. For fast thawing, put under running cold water (if you have plenty of it).

Reason: it is possible frozen foods may have been exposed to bacteria while being processed. Some will multiply rapidly on some items which are allowed to stand at room temperature. Thus they may multiply, produce enough enterotoxin to cause serious illness.

Kip's Cafe**FINE CHINESE FOOD**

Delicious - Oriental - Exotic
Orders to go - Also Home Delivery
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1058 E. Main El Cajon 442-1211

**HARBISON CANYON
BIBLE CHURCH**

117 Frances Dr. 445-2333
Pastor C.L. MacPherson
6 p. m. Bible Training Hour

9:45 Sun. School 11: Morning Serv.
7:00 Eve Serv. 7: Prayer Meet Wed.
Old Fashioned Church Preaching
"Jesus Christ the same yesterday, today and forever."

ALL YOUR PRINTING NEEDS

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SENSIBLE PRICES**JOB PRINTING OFFSET LETTERPRESS****ALPINE PRINTING**

ALL LEGAL FORMS AVAILABLE
Rubber Stamps

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Robert & Agnes Miller, Owners

**PHYSICAL FITNESS FOR INDIANS**

If US funds are authorized by the HEW, services to prevent and treat medical and dental problems of about 8800 rural Indians in California will be provided, says Dr. Louis Saylor, state director of public health.

An initial request for \$660,000 is being considered. This would aid the many natives living in SD county early this year. Last month Gov. Reagan requested it for the 5-year Indian health program, costing \$1.3 million.

Fewer deaths among Indian children, less need for welfare and rehabilitation assistance, and a longer life span, are some of the ultimate benefits, Saylor said. Initial goal is to reduce sickness and disability among rural Indians of all ages.

This reflects some of the work that has been carried on by a dedicated Indian of Viejas Reservation, Clarence Brown, who has achieved some noteworthy publicity for his people state-wide.

Note- The Sun has always desired to help the Indian community here, and everywhere for that matter. Anytime we can do anything to promote their welfare, all they need do is call upon us. -CI

Mandy Jones was reluctant to give her age to the census taker. She asked, "Did the Hill sisters next door give their ages?"

"No," he replied, "they did not."

"Well, she said, "I'm the same age as they are."

So he wrote: "As old as the Hills."

DOG PUTS DRIVER IN HOSPITAL

Off the critical list Monday was Mrs. Helen Smith, 50, who lives on a ranch near Jamul. She is in EC Valley Hospital recovering from surgery following



an unusual accident Thursday shortly after 5 a. m. on Tavern Road at McCall's Ranch School entrance.

A pack of dogs crossed in front as she was driving to work at Bailey's Cafe where she is morning cook. Swerving to avoid hitting any, she smashed off the concrete abutment, hit a boulder head on, totalled her car. The horn shorted, blew for several minutes, awakening Doug and Peggy Benson who run Alpine Meat Co., across the road. Mrs. Smith was able to walk across, direct phone calls to her daughter, Dart Ambulance and the CHP.

In the concussion of the impact she

suffered cuts and bruises and one kidney exploded into six parts, had to be removed and for a time her life was dispaired of. Her daughters, Mrs. Beverly A. Martin and Judy L. DeWalt, were with her.

"Mother is doing remarkably well", Mrs. Martin told the Sun Tuesday, "and will be home in about two weeks, says Dr. Broeckel (formerly of Alpine), but as she suffered loss of 8 pints of blood, a rare type, any donors are welcome to give it at the hospital in her name which will be much appreciated".

Mrs. Smith, a comely widow, is in Room 304, may have visitors for short periods from 2 to 8 p. m. Mrs. Martin remarked incidentally that they have insurance, but the hospital bill to date for six days was up to \$2,700. (See editorial, Page 4).

ALPINE REALTY

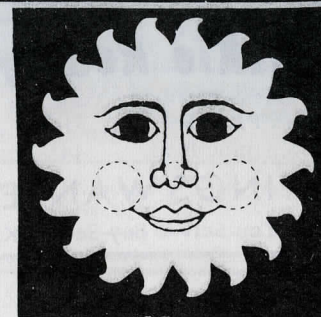
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2175 Arnold Way.

445-3310

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MOBILE HOME ESTATES

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Ira & Lydia Hargrave, Mgrs.

2400 Alpine Blvd. Alpine

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PINE ACRES TREE NURSERY

Large selection bare root fruit and shade trees. Freshly dug citrus and avocado trees.
1267 Arnold Way 445-3037.

CID PROPANE, Serving Alpine and E. County, Meter, Bulk, Commercial. We handle all types of gas appliances; heaters & water heaters. 1911 Alpine Blvd. 445-2632.

PHOTOGRAPHY-- Commercial, Indust. Weddings, Pub. Rel., etc. W.W. McEwen, 443-4730. (tf)

CUSTOM DRAPERY & UPHOLSTERING
Material shown in home. 445-4010.

BEESON'S DISPOSAL Service. Trash & Garbage Mixed. Call 8:30 to 4:30 Mon. Fri. Serving Harbison Canyon to Mt. Laguna. 445-3029.

NEED WORK DONE? Around your house? Anything, hauling, cutting, planting, painting, etc. Frosty. 445-4757. (4/24)

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Elsie Hoffman, Associate
P.O. Box 338, Alpine
2355 Alpine Blvd. 445-2217

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AND DELICATESSEN

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Min. 75¢. Cash with copy to Sun.

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NEW 3 Bedroom, 2 bath, view acre site. \$35,750. 445-2226.

MISCELLANEOUS FOR SALE

TYPEWRITER, UNDERWOOD 12" with large type. Fine for student or person with bad sight. Bargain \$37.50. 445-2415.

PROPANE BOTTLE, 5 gal. trailer size, 1 for \$15.; 2 for \$35. with dual valve and regulator. 445-2415.

2 Wheel overload dolly, \$65. Overload springs for trailer towing, \$25. 445-2394 or 445-2415.

SEWING - Alterations and dress making. Irene Smith. 445-2817. (2/27)

REWARD for lost male long haired tan cat. Call Mrs. Lewis. 445-4774.

SICK POPULATION INCREASES

About half of the 20 million population California will have in a few days, in 1970, will have some kind of chronic disabling condition, and more than 1.6 million will be so disabled as to limit their major activities.

That is the report of R. L. Forney, Ph. D., chief deputy director, state rehabilitation office, says Dale Pursel, president of the local Sheltered Workshops of SD, which aids the disabled so they can work.

Alpine needs a public swimming pool.

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Complete Lube Service, Dorman Recaps, Truck Tire Service, Any place, Any time. Batteries and Accessories. White Gas and Block Ice.

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MISCELLANEOUS FOR SALE

FOR SALE or trade, 3-D magnetic signs for autos or trucks. M-M Plastics, 445-4525.

COVERED BUTTONS, all sizes. Prompt service by mail. Write PO Box 487, Alpine.

FRESH PRODUCE & HEALTH Foods. The Egg Hut, 2721 Alpine Blvd.

MOBILHOME for sale. 1967 12x60 Champion. 2 BR, skirting, awnings, landscaped, excel. cond. 445-3311.

DINING Table, antique lamps, china or book cabinet, oak corner shelves. Other items. 445-2713.

ANTIQUES, furniture, etc. 445-3870.

FEMALE German shepherd, 2 years old, needs good country home. 443-4836.

WILL TRADE equity in 67 Dodge for transportation car or truck. 445-4750.

RAMBO ROOFING: RESIDENTIAL AND COMMERCIAL, ALL TYPES OF ROOFING, LICENSED, BONDED & INSURED. 444-3452 or 424-5095. (2/13)

MONEY, MONEY, MONEY!
Earn Extra! Fabulous opportunity representing AMWAY Cleaning Products, Mrs. Seiler, 463-8262.

BOXER-Shepherd cross, 1½ year old female. Good watch dog and excellent with children. Free to right home. Call 445-4917 or 278-1373.

DUPLICATE your lost covered button. Prompt service. P.O. Box 487, Alpine.

SORREL FILLY, 8 months old, halter broke and will lunge, also not afraid to be taken on street. Half quarter strain. \$150. 445-2394 or 445-2415.

George Lengbridge
FOR TV SERVICE
Black & White or Color
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LARGE DISPLAY HAND Crafted Woodwork. Lamps - Coffee tables ½ of regular price.

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3905 Alpine Blvd. 445-2770.

PAINTING - Interior, exterior. Reasonable. Fast, neat, clean. 25 years experience. 445-2797.

PIANO Lessons, Ruth Burdett, 445-2877.

GAINES LAUNDRY & CLEANERS
Free Pick up & Delivery. 463-9944.

SEPTIC TANKS CLEANED
Modern Septic Tank Service, 444-6197.

WANTED- 5 to 50 acres. Don Bates, 445-2537.

CUSTOM BUILT HORSE TRAILERS
Parts and Repairs. 8201 Wintergardens, Lakeside. 448-0168.

NEW CONSTRUCTION & alterations of any kind. No job too small. John Schumacher, 445-2173. PO Box 377, Alpine.

ALPINE MAP, shows freeway and all roads. 25¢ mailed anywhere. Alpine Sun, Cal. 92001.

WORK WANTED by young man--tractor, store, service station, anything. Ted Nation, 469-0234.

WILL CLEAN up your trash and haul it away. 443-6490.

SIGNS-- Painted, repaired, raised letters, gold leafing. R. Johnson, Alpine. 445-3745. (tf)

Unencumbered lady as live in nurse or child care, housekeeping, etc. P.O. Box 8, Alpine Sun, Rt. 1, Box 189.

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Roads & Lots Graded

298-4858

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